

JAG Team Insights

Obesity Drug Craze Approaching Critical Milestone

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In recent years, a class of drugs known as GLP-1 agonists have experienced an unprecedented rise in popularity and captured the attention of doctors, patients, and investors alike. GLP-1 is short for glucagon-like peptide 1, a natural hormone produced by the human body which the drugs are designed to mimic. For the general population, these GLP-1 drugs are more likely identifiable as the "miracle weight loss drugs" which have been the subject of discussion among friends and colleagues, touted by celebrities, and extensively promoted through TV commercials and other advertisements.

Despite some notoriety, there is good reason why GLP-1 drugs have garnered so much attention. Recently approved GLP-1 medicines, including Novo Nordisk's Ozempic and Wegovy and Eli Lilly's Mounjaro, have been proven to deliver game-changing benefits for patients.

The first chronic condition in which these drugs' potential started to appear is type 2 diabetes (T2D). According to the latest estimates from the **CDC**,T2D is a disease which impacts roughly 37M Americans (~1 out of every 10 people) and the US health care system pays over \$320B annually to care for these patients. While diet and exercise have long been recognized for playing an important role in managing type 2 diabetes, lifestyle changes alone are often not enough to prevent the disease from progressing. This has opened the door for drug companies to develop medicines that help patients better manage their blood sugar and avoid diabetic complications.

Today the field of diabetes research is arguably experiencing its most transformative period of innovation since the discovery of insulin over 100 years ago. Several large clinical studies comparing GLP-1 drugs against standard of care therapies in type 2 diabetes have demonstrated a step change improvement across key metrics measuring the health of T2D patients. These same studies also delivered another important insight into the effects GLP-1 drugs have on the human body. Participants in the clinical trials not only saw major improvements in their ability to manage blood sugar levels, but they also began to lose weight at an astounding pace!

As researchers have gained a better understanding of the relationship between GLP-1 drugs and weight loss, a new wave of questions and potential opportunities began to arise. First and foremost, can GLP-1's be used to effectively treat obesity and other related cardiovascular diseases?



Source: Eli Lilly Investor Relations Deck from 2022 ADA Annual Meeting

For comparison, the latest **CDC** estimates suggest the prevalence of obesity (BMI >30) among American adults is roughly 40%. This implies the number of obese American adults is roughly 4x that of type 2 diabetics. Obesity and diabetes are also linked in many ways. Extensive evidence suggests that patients suffering from one or both conditions have a much higher likelihood of also being diagnosed with other cardiometabolic co-morbidities including hypertension, heart failure, and chronic kidney disease.

Despite the parallels between the two conditions and the significantly larger population of obese patients, the amount of money directly spent on diabetes treatments has historically dwarfed that spent on obesity. Prior to the past couple of years, the lack of effective treatments, stigmas surrounding obesity, and inadequate insurance coverage have all played a role in obesity being widely undertreated relative to other health conditions.

More recently, this paradigm has begun to shift as the unprecedented outcomes demonstrated by GLP-1 drugs and other factors have begun to change the way the medical community and society at large thinks about obesity. So far only one GLP-1 drug — Novo Nordisk's Wegovy — has been approved by the FDA as a treatment for obesity. Eli Lilly's Mounjaro is currently only approved for type 2 diabetes, but is under review by the FDA for obesity and is expected to be approved later this year. Politicians have also joined the fight through a bipartisan bill dubbed the "Treat and Reduce Obesity Act" which seeks to eliminate a clause that prevents Medicare from covering FDA approved medicines for treating obesity. On a recent podcast, FDA Commissioner Robert Califf shared his thoughts on the ongoing transformation occurring in the way the medical community thinks about obesity. In response to a question inquiring about the FDA's decision to classify obesity as a medical indication, Califf stated, "In the long run I am quite

sure that the drugs that are going to be most used are going to be the ones that not only lower body weight but also lead to better composite clinical outcomes."

This brings us to an important event which is expected to occur in the second half of this year. For the past five years, Novo Nordisk has been running a study referred to as "SELECT." The study seeks to measure the effect that Novo's anti-obesity GLP-1 medicine (Wegovy) has on reducing cardiovascular events such as heart attacks, strokes, or CV-related deaths in patients. The study is significant both in terms of the long length of time being analyzed and the large number of patients (17.5k) which have been enrolled. If the results of SELECT can demonstrate that taking a GLP-1 drug meaningfully reduces a patient's risk of experiencing a cardiovascular event, the trial will likely serve as a watershed moment for the GLP-1 class and the companies who have spent years developing the drugs. A positive outcome would also serve as a catalyst to further pressure commercial and government payers to provide broader coverage of GLP-1 drugs beyond just type 2 diabetes.

JAG's research team has been closely watching the ongoing developments surrounding GLP-1 medicines. We strive to both uncover opportunities for our clients to invest in attractive opportunities that arise from accelerated periods of innovation like this while also recognizing corollary risks that may arise from the disruptions that are created. If you have questions about how JAG's strategies are positioned to capitalize on the GLP-1 opportunity, please do not hesitate to contact us.

-Tucker O'Neil, JAG Equity Investment Team

Equity Investment Team



Norm Conley CEO & Chief Investment Officer



Nico Falkinhoff Associate Portfolio Manager & Equity Research Analyst



Mike Kimbarovsky Managing Director & Portfolio Manager



George Margvelashvili, CFA® Equity Research Analyst



AVP, Quantitative Analyst



Tucker O'Neil Equity Research Analyst



Roberta Maue SVP, Director of Equity Trading & Portfolio Operations



John Krueger, CFA® Junior Equity Research Analyst

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Contribution of Expertise and Capital: Contribution of capital and/or expertise by Veteran owner(s) to acquire their ownership interest shall be real and substantial and be in proportion of the interest acquired

Independence: The Veteran owner(s) shall have the ability to perform in their area of specialty/expertise without substantial reliance on non-Veteran-owned businesses

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The Wrigley Building 400 North Michigan Ave Suite 1680 Chicago, IL 60611

